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Good Faith Estimate Notice

Notice to current clients:

Under the new “No Surprises in Healthcare” law, healthcare providers need to give clients who don’t have insurance or who are not using insurance benefits an estimate of the expected charges for

medical services, including psychotherapy services.

You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency healthcare services. You may request a Good Faith Estimate before you schedule a service, or at any time during your course of treatment.

If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill. Make sure to save a copy or picture of your Good Faith Estimate. For questions or more information about your right to a Good Faith Estimate, or how to dispute a bill, see your Estimate, or visit www.cms.gov/nosurprises.

My current rates for services for therapeutic services for all diagnostics codes as of January 1, 2023 are as follows: *Please note that fees are assessed every calendar year.*

Initial Diagnostic Assessment (CPT 97801) - \$250 for 1 hour

75 minute EMDR/Extended Session (CPT 90837) - \$275

55 minute session (CPT 90837) \$225

45 minute Session (CPT 90834) \$200

30 minute Session (CPT 90832) \$150

Group Therapy 60 minute (CPT 90853) \$100

How often you attend sessions will be influenced by many factors, including, but not limited to: -Your schedule and life circumstances, your provider’s availability, and personal finances

Your follow up plan will be determined by your clinical team which includes you as the patient. If you have additional questions regarding your Good Faith Estimate, please don't hesitate to ask and more information will be provided to you.

Thank you!

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